

PROGRAMME SPECIFICATION

This Programme Specification is correct as of the date indicated; however, minor amendments may be made throughout the year and will be incorporated in the annual updating process.

SECTION A: DETAILS OF THE COURSE AND AWARD

Programme Title	MSc Applied Positive Psychology
Awarding Body	Buckinghamshire New University
Teaching Institution / Course Location	Buckinghamshire New University
School	Human & Social Sciences
Name of Final Award	Master of Science, MSc
NQF/FHEQ Level of Qualification	Level 7: Master's degree
QAA Benchmark Statement(s)	The Framework for Higher Education Qualifications in England, Wales and Northern Ireland (2008) Collaborative provision and flexible distributed learning (including e-learning) (2010)
UCAS Code	Not applicable
Course Code(s)	MSc 2Yr PT: MH2PPS9 MSc 3Yr PT: MH3PPS9 PGDip 2Yr PT: MH4PPS9 PGCert 10Mth PT: MH5PPS9
Mode and Length of Study	MSc Two Years or Three years, Part Time PgDip Two years, Part Time PgCert Ten months, Part Time
Number of Intakes	1 - September
Regime of Delivery	Flexible & Distributed Learning
Language of Study	English
Details of Accreditation	N/A
Month and Year valid from	September 2018
Month and year valid until	August 2024
Publication Date	12 May 2015 – programme reapproved via CPR on 7 June 2018

Potential Student Profile / Criteria for Admission:

What the award is about and who the programme is aimed at:

Positive psychology argues that 'health' and well-being are not simply the 'absence of disease' but discrete and distinct states in their own right influenced by a range of factors. The subject area focuses on distinct subjects and methods aimed at developing and influencing health and well-being. This developing discipline explores a range of subject areas such as individual strengths and the presence and growth of positive emotions, and how their use within individual lives affects an ability to flourish. The occupations that may be attracted to this area of study are likely to be those seeking to influence the positive development, performance, and health of individuals, groups and organisations.

The MAPP¹ is of interest to any individual, particularly established professionals in a range of fields such as human resources or organisation development, consultants, coaches (in any discipline), psychotherapists, counsellors, teachers, doctors and nurses, who might seek to develop existing professional skills particularly oriented towards well-being, improved performance and the achievement of individual or organisational change. These are occupations where psychology informs their existing work activity, and this programme offers an opportunity to deepen this understanding from a new psychological perspective to what some professions are describing as 'advanced practice skills'. Alternatively, the programme supports individuals changing work and career direction.

As there are only approximately ten comparable Masters programmes worldwide, including only two others in the UK, we have found that the attendance version of the MAPP attracts international students who commute one weekend per month to attend teaching sessions. We receive additional enquiries as to whether we offer the MAPP via 'distance learning', and so we believe a version of the MAPP offered via flexible and distributed learning, that includes the opportunity to attend monthly weekend workshops, opens this programme to an even wider audience.

Why students should choose this award:

The programme is delivered in a unique and exciting time in the discipline of positive psychology. This discipline is young enough that its existing work is motivating and exciting due to its direct personal and professional applications. The degree is 'applied' in its nature and students will be asked to learn by application of each subject area. The relative youth of the discipline means there remains a great deal of theorising and research left to be done – work that postgraduate students may realistically and readily contribute to.

The programme:

- Provides the opportunity to explore, apply and learn positive psychology and its application to human and organisational flourishing, health and well-being.
- Provides the opportunity to integrate this learning within other professions and professional skills, supported by coaching from the course team.
- Supports individuals seeking to develop their existing careers, or to change career direction.

The MAPP-FDL allows us to offer the type of transformational learning experience we have seen in our attendance version of the MAPP to students who are unable to study by attendance.

Opportunities available for students after completion of the award:

¹ The MAPP abbreviation has become an established acronym for Masters programmes in Applied Positive Psychology. In this document this term subsumes the PgCert and PgDip programmes, unless an explicit distinction is made.

The programme is focused on allowing students to integrate positive psychology knowledge and skills into existing professional activity, especially in occupations involving the influencing of individuals, groups and organisations. Former graduates from the MAPP have applied this knowledge in the context of teaching, counselling, coaching, training, sales, and support work. Others have used the opportunity to develop a new career direction or refocus their business.

Expected entry qualifications, knowledge and skills that the entrant will have on entry to the programme: Applicants would normally have achieved 2.1 in a social science degree; a first degree in psychology is not a pre-requisite. However, consideration of a candidate with a 2.2 classification may be permissible if aspects of their profile demonstrate the ability to engage and succeed in postgraduate study. Alternatively, candidates with professional qualifications and a minimum of three years of directly relevant work experience will also be considered following a formal interview process. Selection of the applicants is to be undertaken by the University course team who will comment upon the ability of the candidate to meet the academic entry criteria for Master's level study and to meet the academic demands of the programme. Students who have successfully completed the PGCert award will be regarded as automatically eligible to enter the PGDip/MSc award within 5 years of completing the PGCert as long as they can also demonstrate some currency with the topic area.

For international students we will customarily seek IELTS 6.5 overall and 6.5 in writing as an indication of eligibility and readiness to work at this level. However, we may ask for examples of written work to confirm experience of this level of communications.

Students who have completed to award 'Post Graduate Diploma in Positive Psychology' from the University of Iceland will automatically qualify to enter with advanced standing and must complete the following modules: PS738 Applied Research Skills; PS739 Data Analysis and Interpretation; PS740 Post Graduate Dissertation.

SECTION B: PROGRAMME AIMS, OUTCOMES, LEARNING, TEACHING AND ASSESSMENT METHODS

The MSc Applied Positive Psychology (MAPP) programme subsumes the Postgraduate Certificate (Pgcert) in Applied Positive Psychology and the Postgraduate Diploma (PgDip) in Applied Positive Psychology. In this section, the programme aims and learning outcomes are described separately for the Postgraduate Certificate, the Postgraduate Diploma, and the MSc.

Programme Aims

The main educational aims of the ***Postgraduate Certificate in Applied Positive Psychology*** are to:

- Introduce and explore the primary theories and research in positive psychology, and their inter-relationships.
- Provide structured opportunities through which students may explore and apply positive psychology theories and research within these selected areas.
- Coach students in their exploration and application of the primary research and theories of positive psychology in their personal lives and professional contexts.
- Provide opportunities to extend existing theoretical perspectives and apply these in an original way.
- Provide students with the skills necessary *to understand* the development of positive psychology interventions in order to promote individual and group well-being.

In addition to the above, the main educational aims of the **Postgraduate Diploma in Applied Positive Psychology** are to:

- Provide opportunities for students to critically explore models of change (processes and their effect) available within the practice of applied positive psychology.
- Provide students with a critical understanding of a range of qualitative and quantitative research methods and skills typically used in positive psychology and the development and evaluation of interventions.
- Provide opportunities for students to work collaboratively and reflectively in the development, delivery, and evaluation of positive psychology interventions.
- Identify ways in which existing research and theories may be built-upon and extended.
- Identify and determine where positive psychology theories, methods, and research may be used within groups and organisations.

In addition to the above, the main educational aims of the **MSc in Applied Positive Psychology** are to:

- Provide the opportunity for students to critically evaluate published literature on a chosen topic within positive psychology.
- Provide the opportunity for students to conduct, under supervision, an extended dissertation project on a chosen topic within positive psychology.
- Provide the students the opportunity to develop a self-awareness and ability to work as a reflective practitioner/researcher.

Programme Learning Outcomes

A. Knowledge and Understanding

On successful completion of the **Postgraduate Certificate in Applied Positive Psychology** programme, a graduate will be able to:

1. Critically evaluate psychological theory and research on the concepts of happiness, well-being, flourishing, human strengths, positive subject emotions, hope and resilience.
2. Demonstrate a critical understanding of how positive psychology may be applied to individual development.

In addition to the above, on successful completion of the **Postgraduate Diploma in Applied Positive Psychology** programme, a graduate will be able to:

3. Critically understand and demonstrate a range of qualitative and quantitative research methods and skills used in positive psychology.
4. Critically evaluate psychological theory and research on a chosen topic within positive psychology, with a view to identifying a specific research question or problem to be addressed.
5. Critically evaluate models of change (processes and their effect) available within the practice of applied positive psychology.

In addition to the above, on successful completion of the **MSc in Applied Positive Psychology** programme, a graduate will be able to:

6. Demonstrate an in-depth critical understanding of a chosen aspect of positive psychology through an extended dissertation project.

B. Intellectual/Cognitive Skills

On successful completion of the **Postgraduate Certificate in Applied Positive Psychology** programme, a graduate will be able to:

1. Undertake structured personal and professional developmental activity in selected areas of positive psychology focused on the growth of their personal well-being.
2. Demonstrate a capacity to reflect upon the impact of applying positive psychology theory in a personal context.

In addition to the above, on successful completion of the **Postgraduate Diploma in Applied Positive Psychology** programme, a graduate will be able to:

3. Demonstrate a capacity to reflect upon the impact of applying positive psychology theory, as well as more general psychological theory, in both a personal and professional context.
4. Demonstrate an understanding of how positive psychology interventions may be ethically and professionally made with specific client and/or organisational groups.

In addition to the above, on successful completion of the **MSc in Applied Positive Psychology** programme, a graduate will be able to:

5. Critically reflect on one's own practice in relation to published literature through an extended dissertation project.

C. Practical Skills

On successful completion of the **Postgraduate Certificate in Applied Positive Psychology** programme, a graduate will be able to:

1. Collate and review academic literature on a range of positive psychology topics.
2. Critically reflect on psychological theory in relation to one's own personal experience.
3. Prepare and deliver oral and poster presentations to a professional standard.

On successful completion of the **Postgraduate Diploma in Applied Positive Psychology** programme, a graduate will be able to:

4. Identify, develop, and conduct to professional and ethical standards and critically assess positive psychology interventions that promote individual, group, and/or organisational well-being.
5. Conduct and interpret appropriate analyses of quantitative and qualitative data.

On successful completion of the **MSc in Applied Positive Psychology** programme, a graduate will be able to:

6. Conduct, under supervision, an independent piece of empirical research or problem-based learning demonstrating a mastery of the subject area.

D. Key/Transferable Skills

On successful completion of the **Postgraduate Certificate in Applied Positive Psychology** programme, a graduate will be able to:

1. Review and evaluate theoretical and research literature from a range of sources.
2. Communicate clearly and succinctly in written and oral formats.

On successful completion of the **Postgraduate Diploma in Applied Positive Psychology** programme, a graduate will be able to:

3. Reflect on, and apply, ethical principles in professional practice.
4. Draw conclusions from a range of data sources.

On successful completion of the **MSc in Applied Positive Psychology** programme, a graduate will be able to:

5. Communicate complex ideas in a written form suitable for dissemination to a wider audience.

Table 1: Programme Skills Matrix – Assessment

Module Code	Information Acquisition	Critical thinking, analysis and synthesis	Self-reflection and Criticality	Communication Skills: Oral	Communication Skills: Written	Information & Communications Technology	Numeracy & Quantitative Skills	Problem Solving & Decision Making	Independent & Self-managed Learning	Working with Others
PS726	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
PS727	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
PS728	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
PS729	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
PS737	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
PS731	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
PS738	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
PS739	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
PS740	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

Learning, Teaching and Assessment Methods to achieve the Programme Learning Outcomes

The programme will be delivered via ‘flexible and distributed learning’ (FDL), which is defined by the QAA as education through means that do not require the student to attend particular classes or events at particular times and particular locations”. Thus, the term is used as an umbrella term to cover terms such as ‘blended learning’ and ‘distance learning’. A single core learning and teaching process will be offered that is supported through *Blackboard™* (Bb), the University’s Virtual Learning Environment, as well as with optional monthly weekend workshops. This allows students to still undertake the

programme fully via 'distance learning', or with regular attendance at workshops, or through a combination of the two according to their learning style and circumstances.

Students will engage in a variety of activities, including online debate and reflection on personal experiences, analysis of key readings, group discussions, debates, videos, and practical activities. The projects that are a central part of the pedagogic process in the programme allow a student to explore specific aspects of theory of their choice and priority, and apply them within the context of their professional and personal life.

The course will revolve around the use of Bb and Bb Collaborate to deliver course materials (written; audio; and video) and support students in their learning through formative and summative feedback on journals, discussion boards, one-to-one tutorials (either through Skype or in person), and sharing additional relevant web resources.

Students are also offered optional monthly weekend workshops that allow more detailed discussion of course materials and student-to-student interaction. Audio recordings of all workshop sessions are made available on Bb, and some sessions students may be able to 'attend' at a distance via Bb Collaborate.

Some modules include presentations as part of the assessment. These allow students to share their own topic, experience, and perception of its place in applied positive psychology theorising. Students will be encouraged to work as a group to coordinate presentations to a professional standard and to devise the means for providing sensitive, polite, constructive, considered, and considerate feedback to their peers as a means of enhancing both their own and their fellow students' learning and well-being.

The programme will operate within the traditional academic semesters (i.e., PgCert over 10 months; PgDip over 2 years; MSc over 2 years or 3 years).

SECTION C: PROGRAMME STRUCTURE(S) AND MATRIX MAPPING

Table 2: Programme Structure Table by Award

Course Title		Postgraduate Certificate Applied Positive Psychology							
Course Code		MH5PPS9							
Mode of Study		Flexible and Distributed Learning							
Credit Value		UK	60	ECTS		30			
Module Code	Module Title	QCF/FHEQ Level	Course Stage / Year	Status in Award (/Core / /Optional)	Credit Value	Assessment Regime			Semester Taught *
						Written Exam %	Coursework %	Practical %	
PS726	Introduction to Positive Psychology: Happiness, Well-being and Flourishing	7	1	C	15		50%	50%	S1/S2

PS727	Strengths-based Development and Engagement	7	1	C	15		50%	50%	S1/S2
PS728	Positive Subjective Emotion and Experience	7	1	C	15		50%	50%	S1/S2
PS729	The Psychology of Hope and Resilience	7	1	C	15		100%		S1/S2

Course Title		Postgraduate Diploma Applied Positive Psychology							
Course Code		MH4PPS9							
Mode of Study		Flexible and Distributed Learning							
Credit Value		UK	120	ECTS		60			
Module Code	Module Title	QCF/FHEQ Level	Course Stage / Year	Status in Award (/Close / /Optional)	Credit Value	Assessment Regime			Semester Taught *
						Written Exam %	Coursework %	Practical %	
PS726	Introduction to Positive Psychology: Happiness, Well-being and Flourishing	7	1	C	15		50%	50%	S1/S2
PS727	Strengths-based Development and Engagement	7	1	C	15		50%	50%	S1/S2
PS728	Positive Subjective Emotion and Experience	7	1	C	15		50%	50%	S1/S2
PS729	The Psychology of Hope and Resilience	7	1	C	15		100%		S1/S2
PS737	Positive Psychology in Practice	7	2	C	15		100%		S1/S2
PS731	The Journey of Change	7	2	C	15		100%		S1/S2
PS738	Applied Research Skills	7	2	C	15		100%		S1/S2
PS739	Data Analysis and Interpretation	7	2	C	15	20%	30%	50%	S1/S2

Course Title		MSc Applied Positive Psychology							
Course Code		MH2PPS9							
Mode of Study		Flexible and Distributed Learning – 2 years							
Credit Value		UK	180	ECTS		90			

Module Code	Module Title	QCF/FHEQ Level	Course Stage / Year	Status in Award (/Close / /Optional)	Credit Value	Assessment Regime			Semester Taught *
						Written Exam %	Coursework %	Practical %	
PS726	Introduction to Positive Psychology: Happiness, Well-being and Flourishing	7	1	C	15		50%	50%	S1/S2
PS727	Strengths-based Development and Engagement	7	1	C	15		50%	50%	S1/S2
PS728	Positive Subjective Emotion and Experience	7	1	C	15		50%	50%	S1/S2
PS729	The Psychology of Hope and Resilience	7	1	C	15		100%		S1/S2
PS737	Positive Psychology in Practice	7	2	C	15		100%		S1/S2
PS731	The Journey of Change	7	2	C	15		100%		S1/S2
PS738	Applied Research Skills	7	2	C	15		100%		S1/S2
PS739	Data Analysis and Interpretation	7	2	C	15	20%	30%	50%	S1/S2
PS740	PG Dissertation	7	2	C	60		100%		SB

Course Title	MSc Applied Positive Psychology								
Course Code	MH3PPS9								
Mode of Study	Flexible and Distributed Learning - 3 Years								
Credit Value	UK	180			ECTS	90			
Module Code	Module Title	QCF/FHEQ Level	Course Stage / Year	Status in Award (/Close / /Optional)	Credit Value	Assessment Regime			Semester Taught *
						Written Exam %	Coursework %	Practical %	
PS726	Introduction to Positive Psychology: Happiness, Well-being and Flourishing	7	1	C	15		50%	50%	S1/S2
PS727	Strengths-based Development and Engagement	7	1	C	15		50%	50%	S1/S2
PS728	Positive Subjective Emotion and Experience	7	1	C	15		50%	50%	S1/S2

PS729	The Psychology of Hope and Resilience	7	1	C	15		100%		S1/S2
PS737	Positive Psychology in Practice	7	2	C	15		100%		S1/S2
PS731	The Journey of Change	7	2	C	15		100%		S1/S2
PS738	Applied Research Skills	7	2	C	15		100%		S1/S2
PS739	Data Analysis and Interpretation	7	2	C	15	20%	30%	50%	S1/S2
PS740	PG Dissertation	7	3	C	60		100%		SB

Table 3: Mapping of Programme Outcomes to Modules

Postgraduate Certificate in Applied Positive Psychology:

Programme Outcome	Level 7 (Code)
A. Knowledge and Understanding	
A1 Critically evaluate psychological theory and research on the concepts of happiness, well-being, flourishing, human strengths, positive subject emotions, hope and resilience.	PS726; PS727; PS728; PS729
A2 Demonstrate a critical understanding of how positive psychology may be applied to individual development.	PS726; PS727; PS728; PS729
B. Intellectual/Cognitive Skills	
B1 Undertake structured personal and professional developmental activity in selected areas of positive psychology focused on the growth of their personal well-being.	PS726; PS727; PS728; PS729
B2 Demonstrate a capacity to reflect upon the impact of applying positive psychology theory in a personal context.	PS726; PS727; PS728; PS729
C. Practical Skills	
C1 Collate and review academic literature on a range of positive psychology topics.	PS726; PS727; PS728; PS729
C2 Critically reflect on psychological theory in relation to one's own personal experience.	PS726; PS727; PS728; PS729
C3 Prepare and deliver oral and poster presentations to a professional standard.	PS726; PS727; PS728; PS729
D. Key/Transferable Skills	
D1 Review and evaluate theoretical and research literature from a range of sources.	PS726; PS727; PS728; PS729
D2 Communicate clearly and succinctly in written and oral formats.	PS726; PS727; PS728; PS729

Postgraduate Diploma in Applied Positive Psychology – the above, and:

Programme Outcome	Level 7 (Code)
A. Knowledge and Understanding	
A3 Critically understand and demonstrate a range of qualitative and quantitative research methods and skills used in positive psychology.	PS738; PS739
A4 Critically evaluate psychological theory and research on a chosen topic within positive psychology, with a view to identifying a specific research question or problem to be addressed.	PS738
A5 Critically evaluate models of change (processes and their effect) available within the practice of applied positive psychology.	PS737; PS731
B. Intellectual/Cognitive Skills	
B3 Demonstrate a capacity to reflect upon the impact of applying positive psychology theory, as well as more general psychological theory, in both a personal and professional context.	PS737; PS731
B4 Demonstrate an understanding of how positive psychology interventions may be ethically and professionally made with specific client and/or organisational groups.	PS737; PS738; PS739
C. Practical Skills	
C4 Identify, develop, and conduct to professional and ethical standards and critically assess positive psychology interventions that promote individual, group, and/or organisational well-being.	PS738; PS737
C5 Conduct and interpret appropriate analyses of quantitative and qualitative data.	PWS739
D. Key/Transferable Skills	
D3 Reflect on, and apply, ethical principles in professional practice.	PS737; PS738
D4 Draw conclusions from a range of data sources.	PS739

MSc in Applied Positive Psychology – the above, and:

Programme Outcome	Level 7 (Code)
A. Knowledge and Understanding	
A6 Demonstrate an in-depth critical understanding of a chosen aspect of positive psychology through an extended dissertation project.	PS740
B. Intellectual/Cognitive Skills	
B5 Critically reflect on one's own practice in relation to published literature through an extended dissertation project.	PS740
C. Practical Skills	
C6 Conduct, under supervision, an independent piece of empirical research or problem-based learning demonstrating a mastery of the subject area.	PS740

D. Key/Transferable Skills	
D5 Communicate complex ideas in a written form suitable for dissemination to a wider audience.	PS740

SECTION D: CONTACT HOURS

Note: Hours are worked on the basis of full-time study. 1 Academic Credit is equated to 10 notional learning hours. A full-time undergraduate student will normally study 120 credits in an academic year which is therefore equated to 1200 notional hours. A full time postgraduate student will normally study 180 credits in an academic year which equates to 1800 hours. Module Descriptors provide detailed breakdowns of the categories given below.

Table 4: Breakdown of Contact Hours

[2 year track]				
Year of course	Scheduled Learning and Teaching Activities	Guided Independent Study	Placement / Study Abroad	Total
Year One	188	412	0	600
Year Two	198	1002	0	1200
Total	386	1414	0	1800
[3 year track]				
Year of course	Scheduled Learning and Teaching Activities	Guided Independent Study	Placement / Study Abroad	Total
Year One	188	412	0	600
Year Two	188	412	0	600
Year Three	10	590	0	600
Total	386	1414	0	1800

SECTION E: ASSESSMENT REGULATIONS

This programme conforms to the approved University procedures as detailed on the University website. The calculation of this award will be as follows:

To be awarded a Postgraduate Certificate in Applied Positive Psychology a student must pass the following modules:

- PS726 Introduction to Positive Psychology: Happiness, Well-being and Flourishing
- PS727 Strengths-based Development and Engagement
- PS728 Positive Subjective Emotion and Experience
- PS729 The Psychology of Hope and Resilience

To be awarded a Postgraduate Diploma in Applied Positive Psychology a student must pass the four modules above plus the following modules:

- PS737 Positive Psychology in Practice
- PS731 The Journey of Change
- PS738 Applied Research Skills
- PS739 Data Analysis and Interpretation

To be awarded an MSc in Applied Positive Psychology a student must pass all modules above plus the following module:

- PS740 Postgraduate Dissertation

The following modules may not be condoned: -

- PS737 Positive Psychology in Practice
- PS731 The Journey of Change
- PS738 Applied Research Skills
- PS739 Data Analysis and Interpretation
- PS740 Postgraduate Dissertation

This programme will be covered by the following University regulations: Academic Assessment Regulations

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